		Beef	R70	Salad	
TFB BISTRO Beets being @ home		Wrap filled with beef, slaw, tomato salsa,		Greek	R60
Posts being @ home		hummus and tzatziki		Mixed greens tossed with tomato, cue	cumber,
Beets being @ nome		Vegetarian R70		sliced red onion, feta and calamata olives	
BREAKFAST (choice of bread)		Wrap filled with roasted mixed v	eg with	Add protein	R20
TFB breakfast (comes with toast) F	R45	haloumi, slaw, tomato salsa, hum	nmus and		
3 rashes of bacon, 1 egg, grilled tomato	and	tzatziki		PIZZA	
toast				Margarita	R70
French toast F	R35	Burger (Served with chips)		Focaccia with cheese	R55
French toast topped with cheese and ma	Smash beef	R70	Pizza slip		
syrup		Grilled smashed beef topped wit	th cheese	Small	R70
Add bacon F	R20	and TFB relish in a fresh bun with	h tomato	Large	R90
Omelette (comes with toast) F	R60	and rocket			
3 egg omelette with a choice of 2 of the		Crispy chicken	R70	<u>TAPAS</u>	
following bacon, mince, cheese, onion,		Crispy chicken fillet topped with	TFB mayo ir	n Zucchini fries	R40
tomato and mushrooms		a fresh bun with tomato and rock	ket	Rustic Fries	R25
Bacon & egg roll F	R45	Vegetarian	R70	Crumbed mushrooms	R40
3 rashes of bacon and 1 egg		Homemade vegetarian patty top	ped with	Squid heads	R60
Pancakes (each) F	R 5	TFB mayo in a fresh bun with ton	mato and	Salt & pepper calamari	R60
Pancake sprinkled with cinnamon sugar	and	rocket		Chicken livers	R50
fresh lemon juice				Chicken strips	R50
Waffle F	R 55	Sandwiches (open or toasted se	rved salad	Mini chicken prego's	R50
Waffle topped with ice-cream and choice	e of	or chips)		Beef and cheese sliders	R50
sauce (ask your waiter)		Chicken mayo	R55	Meatballs	R50
		Cheese and tomato	R45		
<u>DELI</u>		Bacon and egg	R55	DESSERT	
Wraps (served with side)		Ham cheese & tomato	R50	Brownie with ice cream	R45
Wraps (served with side)		Ham cheese & tomato	R50	Brownie with ice cream	R45

Malva pudding with ice cream

Don Pedro

R45

R55

R60

Chicken

Wrap filled with grilled chicken, slaw, tomato

salsa, hummus and tzatziki